

OUT & ABOUT

Riebeek Valley Olive Festival

The sleepy Riebeek Valley is transformed when the annual olive festival rolls around. There's plenty to eat, see and do, but it's the friendly, laid-back vibe that keeps visitors coming back every year. Tickets are R70. 1-3 May.

Win 2 Webtickets to the festival! Entry details on page 96.
Keyword: Olive.

Gangs of Ballet and MonArk

Catch Gangs of Ballet and MonArk at the Durban Bot Gardens, as part of Old Mutual's Music At The Lake series. 10 May. Tickets cost between R60 and R130. www.durbanbotanicgardens.org.za

Win 2 Webtickets to the concert! Entry details on page 96.
Keyword: Ballet.

Franschhoek Literary Festival

South Africa's literati come out to play at this ever-popular event. The emphasis is on informal discussions, one-on-one conversations and spirited debates between writers. 15-17 May. www.flf.co.za

Pick n Pay Women's Walk, East London

This fun 5km walk will raise funds for breast cancer awareness. 16 May. Tickets cost R50. www.picknpay.co.za

Memories of Mom

Many of us learnt to cook at our mother's side... Three celebrity chefs share memories of their mothers' cooking



"My mom was not much of a cook, but she was an exceptional dressmaker! My memories of her cooking are sparse – that's probably why I took over doing it very early. But I have fond memories of her lentil and barley soup, which we ate about twice a week – even in summer. I think it was quick and easy for her to throw together so that she could get back to her sewing machine. Later in life, when she was not sewing as much, she loved making ginger steamed pudding... All of a sudden she was asking me for recipes and spending more time in the kitchen."

Dorah Sitole is an author, cordon bleu chef and former food editor.

"I have such fond memories of my mother, Nellie Jooste – she was a businesswoman at a time when it was not the socially accepted norm. But she also loved to entertain at home. She often invited business acquaintances as well as my brother's university friends and the family. She had a few perfectly honed traditional recipes that she became known for and presented with glamour and style. A beautifully set table and warm hospitality were her trademarks. Her venison pie recipe with buttermilk is one of those gems. It has stood me in very good stead throughout the years!"

Ina Paarman is one of South Africa's most well-known and loved food writers and television personalities.



"My mom never used a recipe book in her life, but she created such delicious food... We had a small garden, and she would ask me to pick some stuff for her to cook. I would always observe, looking very interested. One time, she added a bit of salt to a dish. I asked, 'Okay, Mamma. How do you know how much salt to add?' She said, 'You just feel it with your hands.' I touched the salt and asked her how she felt it with her hands. And she said that I'd learn when I was older!"

Siba Mtongana is the star of Siba's Table on the Food Network.

THE GREAT GADGET GIVEAWAY!

Affordable, high-quality appliances are hard to come by, which is why Pineware has become a family favourite in SA for its kettles, irons, toasters, hotplates, heaters and fans. And until 31 May, three PnP shoppers have a chance to win a R15 000 Pick n Pay voucher with any Pineware purchase at Pick n Pay Supermarkets and Hypermarkets countrywide! For details, visit www.pineware.co.za.

WIN! 3 lucky Fresh Living readers each stand the chance to win a hamper of Pineware products worth over R1 500! To enter, turn to page 96. Keyword: Pineware.

