

MOTHER KNOWS BEST

It's easy to celebrate the special women in our lives with this month's selection of drinks.
By Eugene Yiga



NIKKI FRIEDMAN

MD of Moreson Family Winery

WHY DO YOU LOVE YOUR FARM?

The farm has been in my family since I was three years old. My entire childhood is tied up in these grounds. It's a very nostalgic time for me right now. I have twins, you see, and watching them live the same experiences now that I did when my parents first introduced me to this place (at more or less the same age, too) makes me understand why I love it here as much as I do.

HOW DO YOU BALANCE CAREER AND FAMILY?

We grew up in a time of households that made it possible to have a stay-at-home mom. But that's out of the question for most families today. We all rely on the dual income. Some days I'm 70% great businesswoman and 30% great mom. Other days I'm 90% great mom and 10% great businesswoman. The hardest part is learning to be okay with that.

WHAT'S IT LIKE WORKING IN A MALE-DOMINATED INDUSTRY?

There's this immense pressure to be tougher and meaner. But I think that a lot of a woman's power is in her grace and her femininity. It's not to say that a woman running a wine farm is better than a man is. It's just a different experience. And it's okay to create those more nurturing environments.
moreson.co.za



Q & A

MAN DRINKS

STICK AROUND

Located in Cape Town's northern suburbs, Stickman Brewery prides itself on the quality of its craft beers.

The G-Man is an American amber ale with a citrusy hop character. The Kühl Man is a Vienna lager with enough hop bitterness to give a balanced finish. And the Foreman is an American IPA with aromas from four different hop varieties added at five different times.

The new kid on the block is the Indoda African Pale Ale, one of only a handful of the country's beers made exclusively with locally-sourced hops.

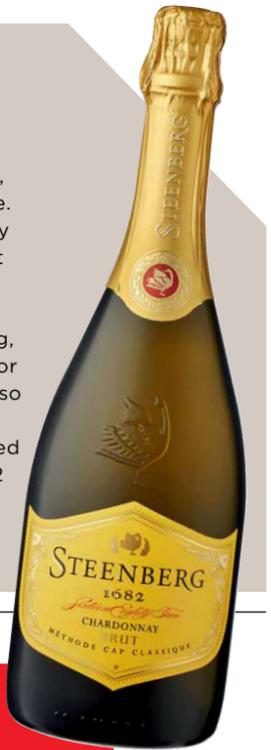
stickmanbrewery.co.za



THE SUITE LIFE

If you want to spoil Mom (or are a mom who wants to spoil herself), Steenberg Farm is a perfect choice. The five-star hotel boasts 24 luxury rooms and suites. And don't forget the plush spa.

Catharina's Restaurant offers 'contemporary heritage' fine dining, while Bistro Sixteen82 is popular for tapas and lighter fare. There are also half a dozen wine tasting options, including a bubbly tasting headlined by the magnificent Steenberg 1682 Brut Chardonnay.
steenbergfarm.com



LAY OF THE LAND

The annual Riebeeke Valley Olive Festival takes place on 6 and 7 May. But, if you can't get to one of the best food festivals in the Western Cape, Swartland Winery is broadening its appeal with two new unusual varieties. The Limited Release Roussanne 2015 pairs well with spicy food, while the Winemaker's Collection Syrah 2015 makes a decadent partner for an intense dark chocolate slab.
swartlandwinery.co.za

SAVE

CLUB VIP MEMBERS GET WINE AND FINE'S NEW WARM REDS OFFER FOR ONLY R1 129. IT INCLUDES TWO BOTTLES EACH OF BOSCHENDAL 1685 SHIRAZ 2015, DARLING CELLARS KROON 2014, PETER FALKE PF CABERNET SAUVIGNON 2013, SENTINEL SHIRAZ 2012, STELLEKAYA MERLOT 2012, AND DORNIER MERLOT 2014. INFO AT EDGARSCLUB.CO.ZA

MIX AND MATCH

Once upon a time, all products were produced by artisans who did so with patience and care. That time is now for Fitch & Leedes, a range of bespoke mixers that pays tribute to Ralph Fitch and William Leedes, intrepid 16th-century merchants who set sail from London in search of exotic tastes in India and the East. Fitch & Leedes' Indian Tonic, Club Soda, Lemonade, Ginger Ale, and Bitter Lemon are available from Checkers, Makro, Pick n Pay and Spar.
chillbev.co.za/fitch-leedes

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